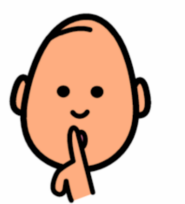


# I NEED TO TAKE A BREAK

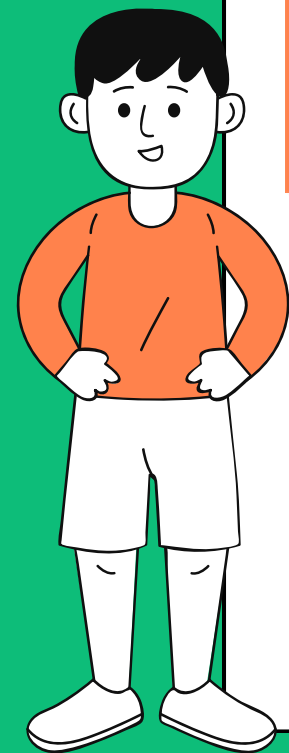
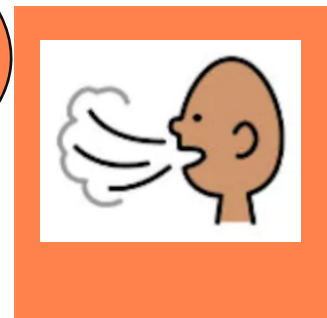
SOMETIMES I AM NOT FEELING MY BEST  
AND I NEED A BREAK OR NEED  
SOMETHING TO FEEL BETTER



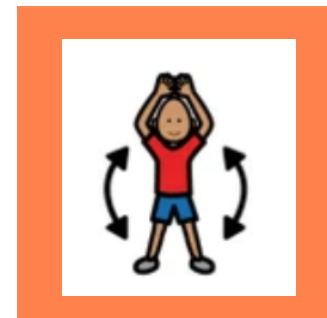
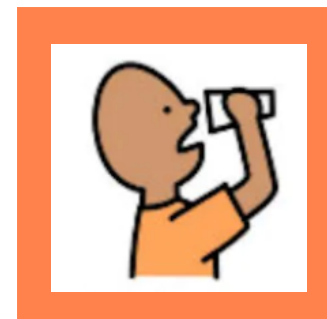
## WHAT I NEED RIGHT NOW



**QUIET**



**MOVEMENT**



**SENSORY**

