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I, me, my



do



help




play



where



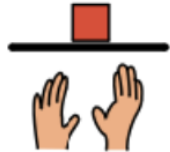
different



you, your



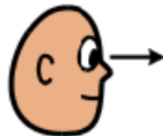
want




eat



look




what



no



Let's




go



stop



turn




there




more



it



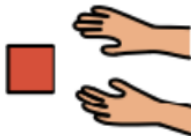
is




drink



get



that



all done



How to use a Core Communication Board:

These images have core vocabulary words to help encourage communication between you and your child. It is important for your child to have a voice and when practiced repeatedly and often when your child is calm and available can be a great tool. The more you use it the more your child will have exposure to various words and over time you will be able to increase the vocabulary you are using.

When getting started it is helpful to find a motivating activity for your child to repeatedly use a word to make a request or reject an item in a functional way. For example, if your child loves goldfish crackers, have them point to the eat picture to start and give them 1-2 crackers at a time and repeat. Once they are independent at pointing to the “eat” picture, you can increase the amount of pictures they touch to “want, eat” and then “I want, eat” this will take time and practice as it does for everyone when they are learning to communicate in a different way than they are used to. The key is for the motivation to be there so if it is not food try a toy or sensory input such as tickles or squeezes for a social request.

Modeling is also a great way to encourage them to use the board as well, when you show them pictures to what you are talking about or want them to use. Give your child plenty of opportunities to use the pictures as well as time to process what you are asking of them. Processing time is important and if you continue to repeat your directions verbally it will take longer for your child to process the information. A quiet pause for 10 sec is a good place to start before prompting them again. Sometimes there are too many pictures presented at once, you can cut up the pictures and present 2 at a time initially to build success and motivation.